

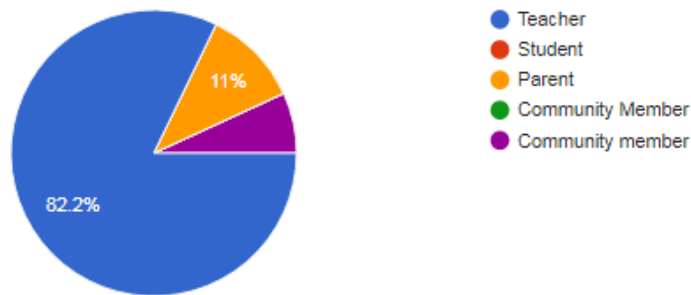
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SUMMARY

INDIVIDUAL

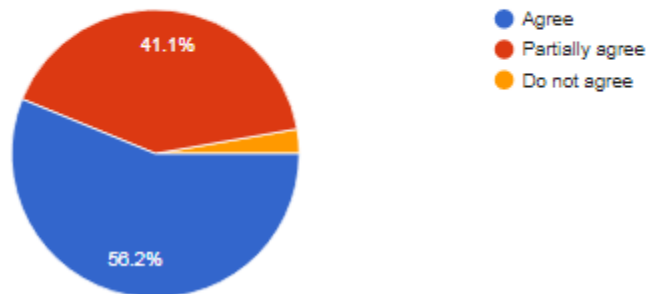
Your position

73 responses



1. The District provides a comprehensive learning environment for development and practice lifelong wellness behaviors.

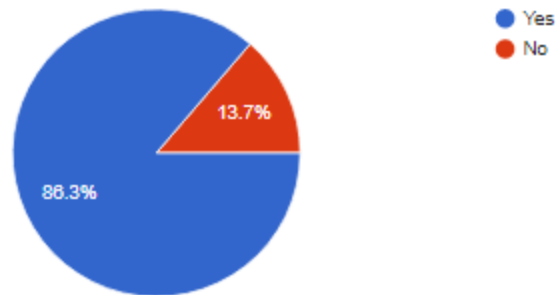
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2. The school district has adopted and implemented the Colorado Comprehensive Health Standards for health and nutrition education that teaches students about the effects of nutrition and physical activity on their health.

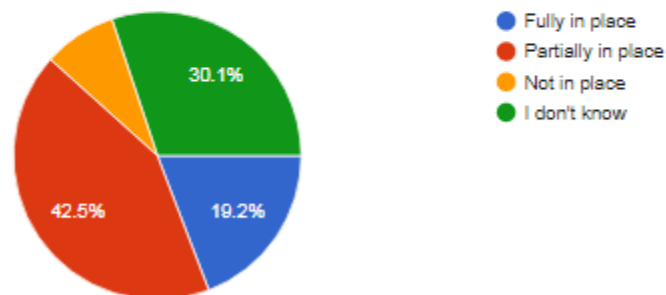


73 responses



3. Availability of nutrition education in the school cafeteria and classroom, with coordination between the district's food services staff and teachers is:

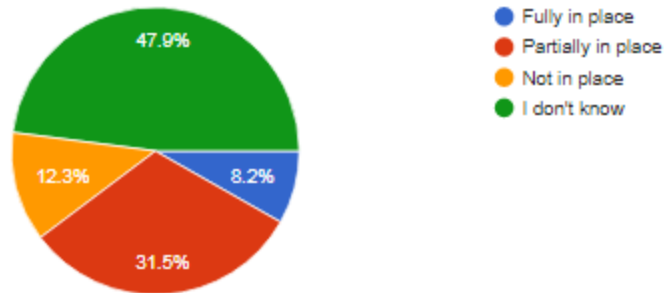
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4. Participation of schools in nutrition programs such as "Team Nutrition" and other nutrition education activities and promotions that involves students, parents, and community is:

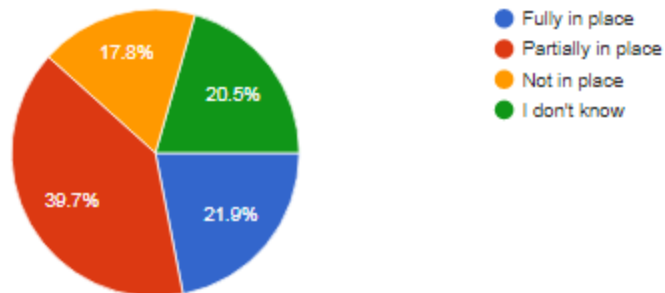


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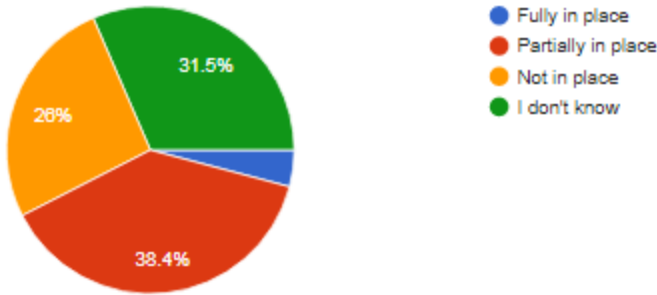
5. Active promotion of healthy eating and physical activity to students, parents, school staff, and the community at school registration, parent-teacher meetings, open houses, staff in-services, ect., is:

73 responses



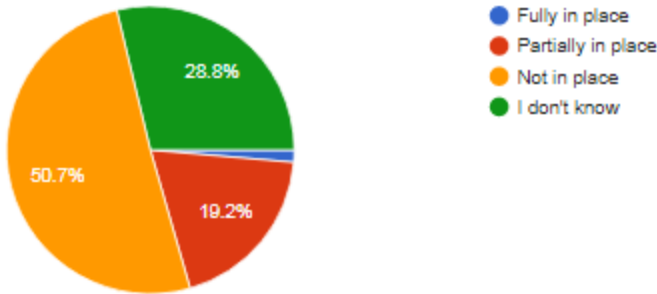
6. Do think that encouragement of teachers to integrate nutrition education into core curriculum areas such as math, science, social studies, and language arts, as applicable is:

73 responses



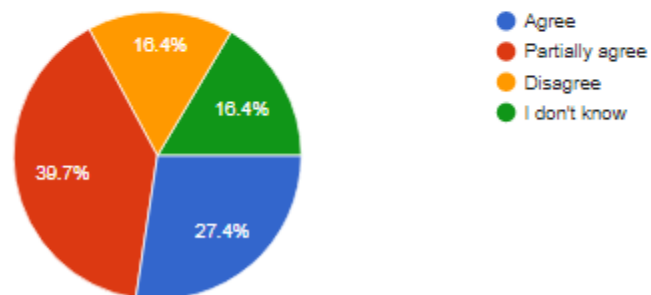
7. Professional development opportunities that inform staff on how to integrate nutrition and physical activity into their core instruction is:

73 responses



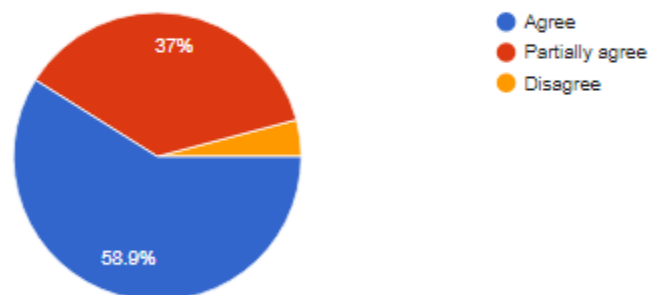
8. Parents/guardians are provided with information about nutrition and physical activity, including suggestions about healthy food and beverages for the family and to bring to school activities and events. These may include handouts, websites postings, articles in newsletters, and presentations.

73 responses



9. The district supports and promotes dietary habits that contribute to students' health status and academic performance.

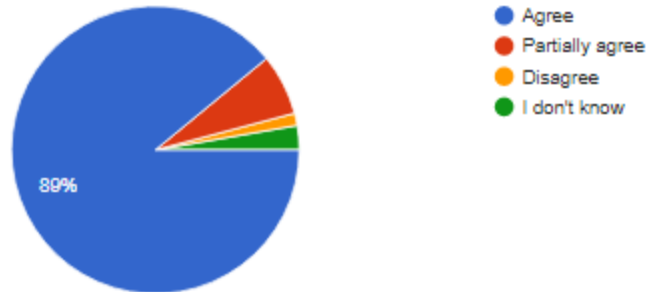
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10. The school provides fresh fruits and vegetables during meal service.

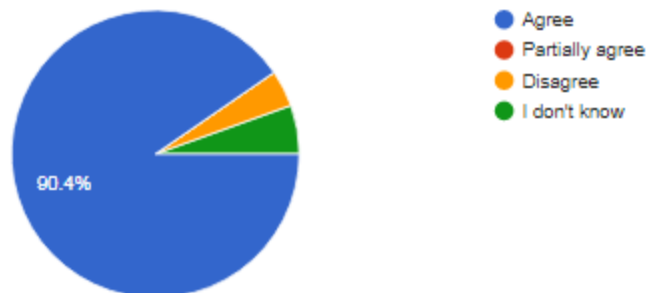


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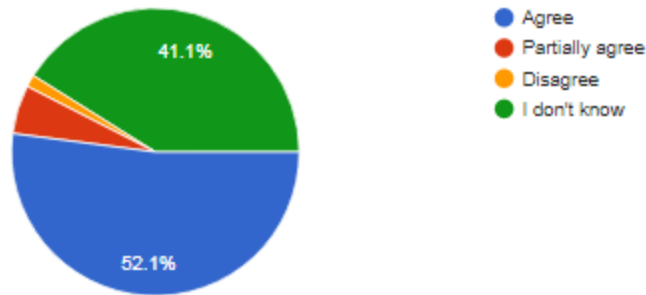
11. All students have access to a school facility with a sufficient number of functioning water fountains in accordance with local building codes, or other means to provide students with sufficient water.

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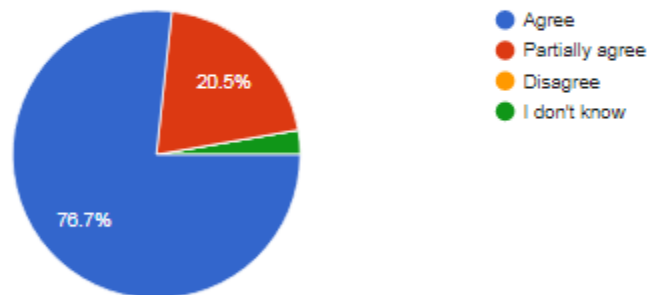
12. Foods sold during the school day, including in cafeteria, in vending machine, in school stores, or via fundraisers, meet the Healthy, Hunger-Free Kids Act of 2010 (HFKA 2010).

73 responses



13. The district provides physical activity opportunities that help students develop the knowledge, attitudes, skills, and behaviors needed to adopt, maintain, and enjoy a physically active lifestyle.

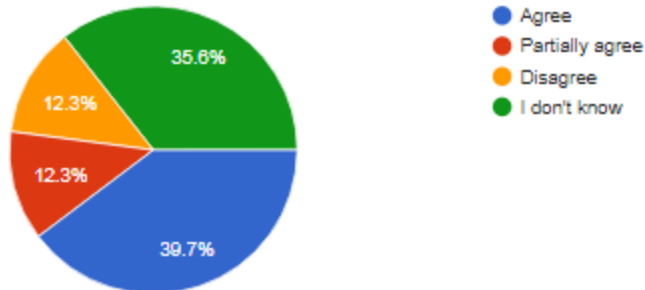
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14. Schools comply with the National Association of Sport and Physical Education recommendation of 150 minutes of physical activity per week for elementary students and 225 minutes per week for secondary students.

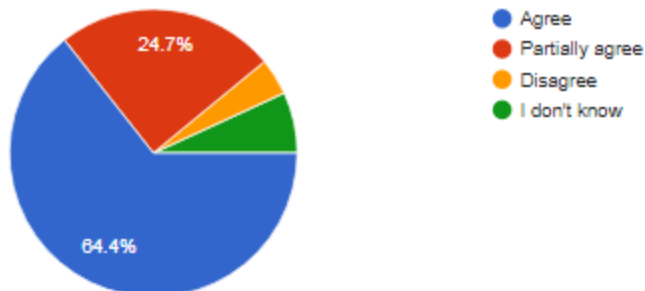


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15. Students are provided opportunities for physical activity through a range of after-school programs.

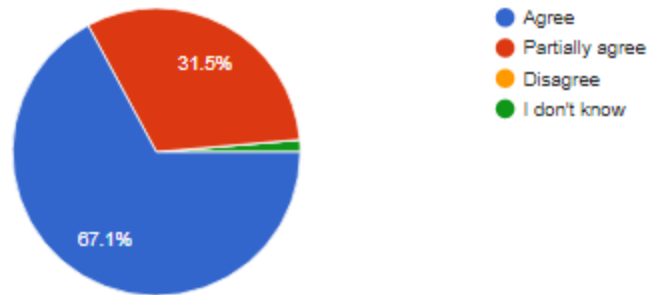
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16. Students have opportunities for physical activity during the school day through daily recess periods, elective physical education classes, walking programs, and the integration of physical activity into the academic curriculum.

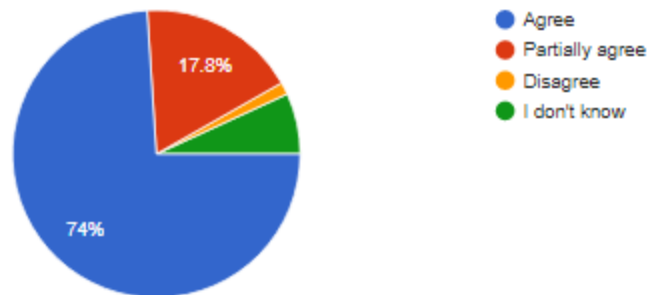


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17. The schools encourage fitness activities in physical education classes to ensure that students meet state and national standards and are physically active for a lifetime.

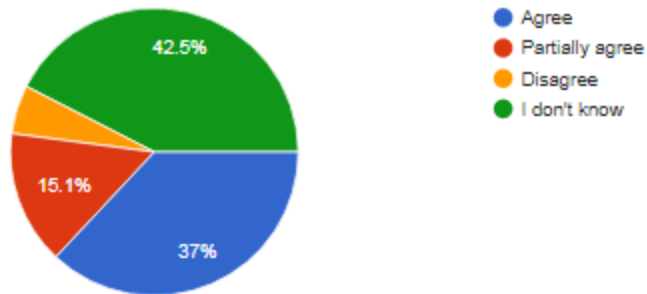
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18. Schools are encouraged to integrate health-related fitness assessments as a student self-evaluation and goal setting tool.

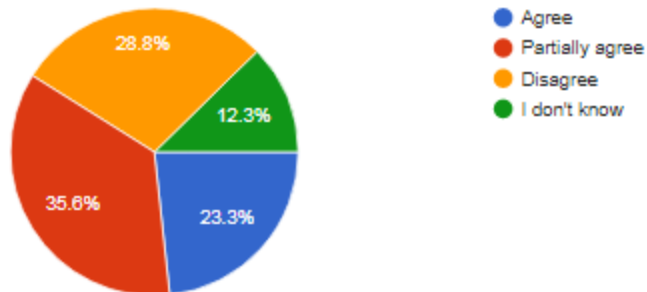


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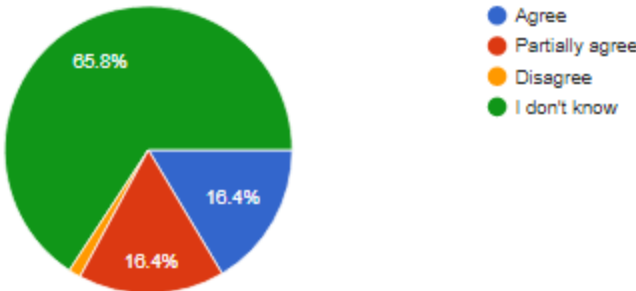
19. All staff are encouraged to model physical activity to emphasize the value of life long fitness.

73 responses



20. All schools provide developmentally appropriate components of a health related fitness assessment (i.e. Fitness Gram, Physical Best, or Presidents Council) to students.

73 responses



21. The School District hires licensed physical education teachers or requires non-licensed staff to obtain proper certification for physical education.

73 responses

